



Alabama State Department of Education Child Nutrition Program



Local Wellness Policy: Triennial Assessment Report

This tool is intended to be a guide based on current regulations. It is the responsibility of the LEA to stay abreast of any updates and changes to the regulations and to implement any changes in local policies.

Background Information

To be compliant with the USDA final rule, at least once every three years, the district will assess the Local Wellness Policy. However, Local Education Agencies (LEAs) may assess their policy more frequently if they wish.

Purpose

The district should designate a representative to lead the wellness policy assessment. This representative must publicly invite members from the community, schools, and the district to participate. Members of the district wellness committee who are completing the assessment of the Local Wellness Policy may use this template. Section 3 of this template should be copied and completed for each school.

This template contains the three required components of the triennial assessment:

1. the extent to which the wellness policy compares to model wellness policies
2. progress made in attaining the goals of the wellness policy
3. the extent to which schools under the jurisdiction of the districts are complying with the district Wellness Policy

Results

A copy of the assessment must be made available to the public. How the assessment is made available is the decision of the LEA. (i.e., district website, local newspaper, etc.). The triennial assessment summary and the assessment details (e.g., WellSAT 3.0 report) must be shared.

Recordkeeping for the Child Nutrition Program Administrative Review:

- ☐ a copy of the most recent triennial assessment, along with supporting documentation
- ☐ a copy of the current and previous board approval of the policy
- ☐ documentation demonstrating the policy has been made available to the public
- ☐ documentation of efforts to review and update the policy, including who was involved and how the district made stakeholders aware of their ability to participate (i.e., meeting agendas and sign-in sheets)

Local Wellness Policy: Triennial Assessment Summary

General Information

LEA: Tarrant City Schools

Month and year of current assessment: May 2023

Date of last Local Wellness Policy revision: November 2013

Website address and/or information on how the public can access a copy of the Local Wellness Policy and Triennial Assessment: www.tarrant.k12.al.us

Wellness Committee Information

How often does your district wellness committee meet? As Needed

District Wellness Coordinator			
Name	School	Job Title	Email Address
Kelley Javinett	TBOE	CNP Director	javinett.kelley@tarrant.k12.al.us

Designated Wellness Assessment Leader (can be the District Wellness Coordinator)

Name	School	Job Title	Email Address
Kelley Javinett	TBOE	CNP Director	javinett.kelley@tarrant.k12.al.us

District Wellness Committee Members

Name	School	Job Title	Email Address
Ashley Edmonds	Tarrant Elem.	Principal	edmonds.ashley@tarrant.k12.al.us
Brittney Gressman	Tarrant Inter.	Assistant Principal	gressman.brittney@tarrant.k12.al.us
Twyla Walden	Tarrant Inter.	PE Teacher	walden.twyla@tarrant.k12.al.us

*See page 13 for space to add Wellness Committee members.

Section 1. Comparison to Model School Wellness Policies

Complete a Triennial Assessment Tool ([WellSAT3.0 assessment tool](#), or other customized assessment tool) and keep a copy of the results on file for at least three full school years plus the current year. It will be reviewed during the next administrative review of your Child Nutrition program.

Indicate which model wellness policy language was used for comparison:

- ☐ Alliance for a Healthier Generation Model Policy
- ☒ WellSAT 3.0 example policy language (Print the WellSat report and include with your assessment)
- ☐ Other (please specify): _____

Describe how your wellness policy compares to the model wellness policy. (May use a bullet format to list comparisons)

The Tarrant City Schools current District Wellness Policy is well-aligned to the model wellness policy. According to the WellSAT 3.0 Assessment, TCS's Wellness Policy scored the following:

Nutrition Education: 88% Comprehensiveness, 50% Strength

Standards for USDA Child Nutrition Programs and School Meals: 50% Comprehensiveness, 50% Strength

Nutrition Standards for Competitive and Other Foods and Beverages: 77% Comprehensiveness, 69% Strength

Physical Education and Physical Activity: 69% Comprehensiveness, 56% Strength

Wellness Promotion and Marketing: 100% Comprehensiveness, 80% Strength

Implementation, Evaluation, & Communication: 88% Comprehensiveness, 88% Strength

Ironically, the lowest scored section for both comprehensiveness and strength is the Standards for USDA Child Nutrition Programs and School Meals. Assessors identified that the district is certainly compliant with the USDA requirements regarding the items that were scored zero, but the language was not detailed in the Wellness Policy. Many of the items are addressed in independent policies or well-established procedures. One item that was scored zero "protecting the privacy of students who qualify for free or reduced price," is addressed in the district's Confidentiality Policy. Another item that was not addressed in the Wellness Policy is "addresses how to handle feeding children with unpaid meal balances without stigmatizing them," which is addressed in the district's Unpaid Meal Debt Policy. "Free drinking water is available during meals" is a well-known USDA requirement and therefore was not addressed in the policy.

Overall, the Tarrant City Schools Wellness Policy meets the requirements provided by the USDA and ALSDE, while also meeting the needs of TCS students, families, staff, and administration.

Section 2. Progress towards Goals

***NOTE: Required components are listed in blue.**

Nutrition standards for all foods and beverages for sale on the school campus (i.e., school meals and Smart Snacks)	Describe progress and next steps:
<p><u>To be compliant with the USDA final rule and ALSDE:</u></p> <ul style="list-style-type: none"> • All foods and beverages available on the school campus during the school day as part of the school meal program meets or exceeds the <u>USDA regulations for the National School Lunch and School Breakfast programs</u> • All foods and beverages outside of the school meal program are not sold within the timeframe of 1 hour before or after school meals per Alabama Implementation of USDA Smart Snacks in School and Fundraising Activity <u>Smart Snack and Fundraiser Guidance and Implementation.pdf (alsde.edu)</u> • Provides an assurance that guidelines for reimbursable school meals shall not be less restrictive than regulations and guidance issued by USDA. <p>If applicable, list additional school goals below:</p>	<p>Tarrant City Schools follows all USDA guidance and requirements with regard to all foods and beverages for sale on the school campus during the school day. This includes the requirements of the School Breakfast Program, National School Lunch Program, Afterschool Snack, and Smart Snacks in Schools.</p> <p>While it is not explicitly defined in the reviewed iteration of the TCS Wellness Policy, Tarrant City Schools does not allow the sale of competitive foods within one hour before or after school meals are served, in accordance with the Smart Snack and Fundraiser Guidance and Implementation. This is one adjustment that will be included in the district's policy revision as a result of this assessment.</p> <p>The current Wellness Policy does not explicitly state that guidelines for reimbursable school meals shall not be less restrictive than regulations and guidance issued by the USDA. This will be included in the revision. However, TCS follows all guidance provided by the USDA and ALSDE regarding reimbursable meals.</p>
Access to free potable water on campus	Describe progress and next steps:
<p><u>To be compliant with the USDA final rule:</u></p> <p>Free, safe, unflavored drinking water is available to all students during mealtimes in the cafeteria.</p> <p>List how access to potable water is made available in schools.</p>	<p>The availability of free, safe, unflavored drinking water is not addressed in the district's Wellness Policy. This will be addressed in the revision. However, it is a requirement of the USDA that potable water is accessible to all students during meal times, and is therefore provided. Tarrant City Schools has water fountains in each dining area for student access.</p>

Section 2. Progress towards Goals continued

***NOTE: Required components are listed in blue.**

Guidelines for other foods and beverages available on the school campus, but not sold	Describe progress and next steps:
<p>To be compliant with ALSDE: All foods and beverages outside of the school meal program are not provided within the timeframe of 1 hour before or after school meals per Alabama Implementation of USDA Smart Snacks in School and Fundraising Activity Smart Snack and Fundraiser Guidance and Implementation.pdf (alsde.edu)</p> <p>If applicable, list additional school goals below:</p>	<p>While it is not explicitly stated in the district's Wellness Policy, Tarrant City Schools follows the Smart Snack and Fundraiser Guidance and Implementation. This will be explicitly stated upon policy revision.</p>
Marketing and advertising of only foods and beverages that meet Smart Snacks	Describe progress and next steps:
<p>To be compliant with the USDA final rule: Our school only markets or advertises foods and beverages that meet the USDA Smart Snacks in School nutrition standards on the school campus, during the school day.</p> <p>If applicable, list additional school goals below:</p>	<p>This goal has been identified in the Wellness Policy. We will explicitly state that the standards followed are the USDA Smart Snacks in School standards upon revision.</p> <p>"School-based marketing will be consistent with nutrition education and health promotion. Schools will limit food and beverage marketing to the promotion of foods and beverages that meet the nutrition standards for meals or individual food and beverage sales. School-based marketing of brands promoting predominantly low-nutrition foods is prohibited. The promotion of healthy foods, including fruits, vegetables, whole grains, an low-fat dairy products is encouraged."</p>

Section 2. Progress towards Goals continued

*NOTE: Required components are listed in blue.

Physical Activity Goal(s)	Describe progress and next steps:
<p><u>To be compliant with the USDA final rule:</u></p> <p>The district requires that a combination of physical activity opportunities be offered daily to all students, including students with disabilities, before during and after school.</p> <p>List physical activity opportunities that are offered at schools:</p> <p>All students PK-8th grade, including those with special needs, receive at least 30 minutes of daily physical education.</p> <p>Students in grades 9-12 will complete one year of physical education for 55 minutes per day.</p> <p>Marching band and sports teams (football, cheer, volleyball, basketball, soccer, softball, and baseball) are additional opportunities for 7th-12th grade students to participate in physical activity.</p> <p>Schools will offer at least 30 min. of exercise during afterschool programs.</p>	<p>This goal has been identified in the Wellness Policy. We will continue to monitor and ensure continued compliance.</p>

Nutrition Promotion and Education Goal(s)	Describe progress and next steps:
<p><u>To be compliant with the USDA final rule:</u></p> <p>The district will ensure that students and staff receive consistent nutrition messages throughout the school campus including in classrooms, gymnasiums, and cafeterias. The district and all schools will promote healthy food and beverage choices for all students across the school campus during the school day and will encourage participation in school meal programs.</p> <p>List how nutrition promotion and nutrition education are provided in schools:</p> <p>Physical education curricula have integrated nutrition education standards.</p> <p>"Nutrition Nuggets" are read aloud during morning announcements at all schools to increase knowledge and interest in nutrition and wellness.</p>	<p>This goal has been identified in the Wellness Policy. We will continue to monitor and ensure continued compliance.</p> <p>"Is offered at each grade level as part of a comprehensive, standards-based program designed to provide students with the knowledge and skills necessary to promote and protect their health."</p> <p>"Includes nutrition as a part of classroom instruction in subjects such as math, science, language arts, social sciences, health and physical education."</p>

Section 2. Progress towards Goals continued

*NOTE: Required components are listed in blue.

Other school-based activities to promote student wellness goal(s)	Describe progress and next steps:
<p>To be compliant with the USDA final rule:</p> <p>The district integrates wellness activities across the entire school setting, including the cafeteria, other food and beverage venues, classrooms, and physical activity facilities.</p> <p>List other school-based activities that are offered by the district:</p> <p>Fruit, vegetable, whole-grain, and low-fat dairy are promoted in cafeterias through signage and product placement.</p> <p>Staff wellness is promoted through policies and procedures regarding overall wellness via the Employee Assistance Program and Health Screenings and vaccine clinics. Historically, Tarrant City Schools has participated in Scale Back Alabama.</p>	<p>This goal is identified in the Wellness Policy. We will continue to monitor and ensure continued compliance.</p> <p>"Classroom health education will compliment physical education by reinforcing the knowledge and self-managment skills needed to maintain a phsyically-active lifestyle and to reduce time spend on sedentary activities, such as watching television."</p>

CHECKLIST:

Triennial Assessment was made public:

Date: 6/1/23

Updated Wellness Policy received Board approval: (if applicable)

Date: Pending as of 6/27/23

Wellness Policy was made public:

Date: _____

SIGNATURES:


District Wellness Assessment Leader

PRINT NAME: Kelley Javinett
DATE: 6/1/23


District Wellness Coordinator

PRINT NAME: Kelley Javinett
DATE: 6/1/23


Superintendent

PRINT NAME: Dr. Sherlene McDonald
DATE: 6/1/23

Section 3: School Level Progress Report

Print or copy this section to be completed by each school.

Blue area includes specific guidance. Gray area includes examples.

Place an "X" in the appropriate column by each bullet and add additional goals in the space provided.

School: Tarrant Elementary School

Date: 6/16/23

School Wellness Leader: Ashley Edmonds, Principal

Page 1 of 4

Nutrition guidelines for all foods and beverages for sale on the school campus (i.e., school meals and Smart Snacks)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
To be compliant with the USDA final rule and ALSDE: <ul style="list-style-type: none"> All foods and beverages available on the school campus during the school day as part of the school meal program meets or exceeds the <u>USDA regulations for the National School Lunch and School Breakfast programs</u> All foods and beverages outside of the school meal program are not sold within the timeframe of 1 hour before or after school meals per Alabama Implementation of USDA Smart Snacks in School and Fundraising Activity <u>Smart Snack and Fundraiser Guidance and Implementation.pdf (alsde.edu)</u> Provides an assurance that guidelines for reimbursable school meals shall not be less restrictive than regulations and guidance issued by USDA. 	X X X			
If applicable, list additional school goals below:				

Access to free potable water on campus	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
To be compliant with the USDA final rule: <ul style="list-style-type: none"> Free, safe, unflavored drinking water is available to all students during mealtimes in the cafeteria. 	X			
If applicable, list additional school goals below:				

Section 3: School Level Progress Report continued

Page 2 of 4

Guidelines for other foods and beverages available on the school campus, but not sold (i.e., classroom parties and rewards)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
To be compliant with ALSDE: <ul style="list-style-type: none"> All foods and beverages outside of the school meal program are not provided within the timeframe of 1 hour before or after school meals per Alabama Implementation of USDA Smart Snacks in School and Fundraising Activity Smart Snack and Fundraiser Guidance and Implementation.pdf (alsde.edu) 	X			
If applicable, list additional school goals below:				

Marketing and advertising of only foods and beverages that meet Smart Snacks	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
To be compliant with the USDA final rule: <ul style="list-style-type: none"> Our school only markets or advertises foods and beverages that meet the USDA Smart Snacks in School nutrition standards on the school campus, during the school day. 	X			
If applicable, list additional school goals below:				

Section 3: School Level Progress Report

Page 3 of 4

Physical Activity Goal(s)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
<u>To be compliant with the USDA final rule:</u> The district requires that a combination of physical activity opportunities be offered daily to all students, including students with disabilities, before during and after school.	X			
Examples: <ul style="list-style-type: none"> Physical education: (structured and un-structured play) Our school prohibits withholding activities/recess as a punishment. 	X			
List school goals in this section:				

Nutrition Promotion and Education Goal(s)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
<u>To be compliant with the USDA final rule:</u> The district will ensure that students and staff receive consistent nutrition messages throughout the school campus including in classrooms, gymnasiums, and cafeterias. The district and all schools will promote healthy food and beverage choices for all students across the school campus during the school day and will encourage participation in school meal programs.	X			
Examples: <ul style="list-style-type: none"> Age-appropriate nutrition education lessons are provided to students in all grade levels throughout the school year National School Lunch/School Breakfast Week promotion 	X			
List school goals in addition to the required outreach included in this section: <ul style="list-style-type: none"> School Breakfast Outreach Summer Food Service Outreach 	X			

Section 3: School Level Progress Report

Page 4 of 4

Other school-based activities to promote student wellness goal(s)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
To be compliant with the USDA final rule: The district integrates wellness activities across the entire school setting, including the cafeteria, other food and beverage venues, classrooms, and physical activity facilities.	X			
Examples: <ul style="list-style-type: none"> • Social Emotional Development • Counseling • Health Services • Physical Environment • Caregiver (Family) Engagement • Community Involvement 				
List school wellness activity goals in this section: PE Bulletin Boards	X			



Request for Resources and Support

Check the resources and support below if you would like to request assistance for your school in meeting the wellness goals?

- ☐ content specific training (*i.e., Nutrition Education, Physical Education/Activity*)
- ☐ assistance with a school-based health assessment
- ☐ strategies for implementing the local Wellness Policy
- ☐ healthy and profitable non-food fundraisers
- ☐ healthy school non-food celebrations
- ☒ increasing engagement
- ☐ grant writing support
- ☒ local and state resources
- ☐ other (please specify):

Local Wellness Policy Recommendations

This space is for your school to make recommendations for suggested wellness policy revisions for the district wellness committee to consider.

Signatures:

District Wellness Assessment Leader: Kerley Gawnitt

DATE: 6/16/23

School Wellness Leader: _____

DATE: _____

Principal: Whley Edmon

DATE: 6.16.23

Section 3: School Level Progress Report

Print or copy this section to be completed by each school.

Blue area includes specific guidance. Gray area includes examples.

Place an "X" in the appropriate column by each bullet and add additional goals in the space provided.

School: Tarrant Intermediate School

Date: 6/21/23

School Wellness Leader: Brittney Grossman, Assistant Principal

Page 1 of 4

Nutrition guidelines for all foods and beverages for sale on the school campus (i.e., school meals and Smart Snacks)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
To be compliant with the USDA final rule and ALSDE: <ul style="list-style-type: none"> All foods and beverages available on the school campus during the school day as part of the school meal program meets or exceeds the <u>USDA regulations for the National School Lunch and School Breakfast programs</u> All foods and beverages outside of the school meal program are not sold within the timeframe of 1 hour before or after school meals per Alabama Implementation of USDA Smart Snacks in School and Fundraising Activity <u>Smart Snack and Fundraiser Guidance and Implementation.pdf (alsde.edu)</u> Provides an assurance that guidelines for reimbursable school meals shall not be less restrictive than regulations and guidance issued by USDA. 	X			
	X			
	X			
If applicable, list additional school goals below:				

Access to free potable water on campus	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
To be compliant with the USDA final rule: <ul style="list-style-type: none"> Free, safe, unflavored drinking water is available to all students during mealtimes in the cafeteria. 	X			
If applicable, list additional school goals below:				<ul style="list-style-type: none"> Allow ind. water bottles in classrooms/school.

Section 3: School Level Progress Report continued

Page 2 of 4

Guidelines for other foods and beverages available on the school campus, but not sold (i.e., classroom parties and rewards)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
To be compliant with ALSDE: <ul style="list-style-type: none"> All foods and beverages outside of the school meal program are not provided within the timeframe of 1 hour before or after school meals per Alabama Implementation of USDA Smart Snacks in School and Fundraising Activity Smart Snack and Fundraiser Guidance and Implementation.pdf (alsde.edu) 	X			
If applicable, list additional school goals below:				

Marketing and advertising of only foods and beverages that meet Smart Snacks	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
To be compliant with the USDA final rule: <ul style="list-style-type: none"> Our school only markets or advertises foods and beverages that meet the USDA Smart Snacks in School nutrition standards on the school campus, during the school day. 	X			
If applicable, list additional school goals below:				

Section 3: School Level Progress Report

Page 3 of 4

Physical Activity Goal(s)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
<u>To be compliant with the USDA final rule:</u> The district requires that a combination of physical activity opportunities be offered daily to all students, including students with disabilities, before during and after school.	X			
Examples: <ul style="list-style-type: none"> Physical education: (structured and un-structured play) Our school prohibits withholding activities/recess as a punishment. 		X		a recess is withheld if work need to be completed.
List school goals in this section:				

Nutrition Promotion and Education Goal(s)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
<u>To be compliant with the USDA final rule:</u> The district will ensure that students and staff receive consistent nutrition messages throughout the school campus including in classrooms, gymnasiums, and cafeterias. The district and all schools will promote healthy food and beverage choices for all students across the school campus during the school day and will encourage participation in school meal programs.	X			
Examples: <ul style="list-style-type: none"> Age-appropriate nutrition education lessons are provided to students in all grade levels throughout the school year National School Lunch/School Breakfast Week promotion 				
List school goals in addition to the required outreach included in this section: <ul style="list-style-type: none"> School Breakfast Outreach Summer Food Service Outreach 	X			

Section 3: School Level Progress Report

Page 4 of 4

Other school-based activities to promote student wellness goal(s)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
To be compliant with the USDA final rule: The district integrates wellness activities across the entire school setting, including the cafeteria, other food and beverage venues, classrooms, and physical activity facilities.	X			
Examples: <ul style="list-style-type: none"> • Social Emotional Development • Counseling ✓ • Health Services • Physical Environment • Caregiver (Family) Engagement • Community Involvement 	X			
List school wellness activity goals in this section:				



Request for Resources and Support

Check the resources and support below if you would like to request assistance for your school in meeting the wellness goals?

- ☐ content specific training (i.e., Nutrition Education, Physical Education/Activity)
- ☐ assistance with a school-based health assessment
- ☐ strategies for implementing the local Wellness Policy
- ☐ healthy and profitable non-food fundraisers
- ☐ healthy school non-food celebrations
- ☒ increasing engagement
- ☐ grant writing support
- ☒ local and state resources
- ☐ other (please specify):

Local Wellness Policy Recommendations

This space is for your school to make recommendations for suggested wellness policy revisions for the district wellness committee to consider.

Signatures:

District Wellness Assessment Leader:

Kelley Gaiard

DATE:

6/21/23

School Wellness Leader:

B. Grossman

DATE:

6/21/23

Principal:

[Signature]

DATE:

6/21/23

Section 3: School Level Progress Report

Print or copy this section to be completed by each school.

Blue area includes specific guidance. Gray area includes examples.

Place an "X" in the appropriate column by each bullet and add additional goals in the space provided.

School: Tarrant High School

Date: 6-27-23

School Wellness Leader: Randall Jackson (Principal)

Page 1 of 4

Nutrition guidelines for all foods and beverages for sale on the school campus (i.e., school meals and Smart Snacks)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
To be compliant with the USDA final rule and ALSDE: <ul style="list-style-type: none"> All foods and beverages available on the school campus during the school day as part of the school meal program meets or exceeds the <u>USDA regulations for the National School Lunch and School Breakfast programs</u> All foods and beverages outside of the school meal program are not sold within the timeframe of 1 hour before or after school meals per Alabama Implementation of USDA Smart Snacks in School and Fundraising Activity <u>Smart Snack and Fundraiser Guidance and Implementation.pdf (alsde.edu)</u> Provides an assurance that guidelines for reimbursable school meals shall not be less restrictive than regulations and guidance issued by USDA. 	X			
If applicable, list additional school goals below:				

Access to free potable water on campus	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
To be compliant with the USDA final rule: <ul style="list-style-type: none"> Free, safe, unflavored drinking water is available to all students during mealtimes in the cafeteria. 	X			
If applicable, list additional school goals below: <u>Allow students to bring refillable water bottles</u>	X			

Section 3: School Level Progress Report continued

Page 2 of 4

Guidelines for other foods and beverages available on the school campus, but not sold (i.e., classroom parties and rewards)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
To be compliant with ALSDE: <ul style="list-style-type: none"> All foods and beverages outside of the school meal program are not provided within the timeframe of 1 hour before or after school meals per Alabama Implementation of USDA Smart Snacks in School and Fundraising Activity Smart Snack and Fundraiser Guidance and Implementation.pdf (alsde.edu) 	X			
If applicable, list additional school goals below:				

Marketing and advertising of only foods and beverages that meet Smart Snacks	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
To be compliant with the USDA final rule: <ul style="list-style-type: none"> Our school only markets or advertises foods and beverages that meet the USDA Smart Snacks in School nutrition standards on the school campus, during the school day. 	X			
If applicable, list additional school goals below:				

Section 3: School Level Progress Report

Page 3 of 4

Physical Activity Goal(s)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
<u>To be compliant with the USDA final rule:</u> The district requires that a combination of physical activity opportunities be offered daily to all students, including students with disabilities, before during and after school.	X			
Examples: <ul style="list-style-type: none"> Physical education: (structured and un-structured play) Our school prohibits withholding activities/recess as a punishment. 	X			
List school goals in this section:				

Nutrition Promotion and Education Goal(s)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
<u>To be compliant with the USDA final rule:</u> The district will ensure that students and staff receive consistent nutrition messages throughout the school campus including in classrooms, gymnasiums, and cafeterias. The district and all schools will promote healthy food and beverage choices for all students across the school campus during the school day and will encourage participation in school meal programs.	X			
Examples: <ul style="list-style-type: none"> Age-appropriate nutrition education lessons are provided to students in all grade levels throughout the school year National School Lunch/School Breakfast Week promotion 		X		We offer courses that promote healthy eating/nutrition
List school goals in addition to the required outreach included in this section: <ul style="list-style-type: none"> School Breakfast Outreach Summer Food Service Outreach 	X			

Section 3: School Level Progress Report

Page 4 of 4

Other school-based activities to promote student wellness goal(s)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
<u>To be compliant with the USDA final rule:</u> The district integrates wellness activities across the entire school setting, including the cafeteria, other food and beverage venues, classrooms, and physical activity facilities.	X			
Examples: <ul style="list-style-type: none"> • Social Emotional Development • Counseling • Health Services • Physical Environment • Caregiver (Family) Engagement • Community Involvement 	X			
List school wellness activity goals in this section: PE Bulletin Boards. Meal Planning Daily Caloric Intake Reading Nutrition Labels	X			



Request for Resources and Support

Check the resources and support below if you would like to request assistance for your school in meeting the wellness goals?

- ☐ content specific training (*i.e.*, Nutrition Education, Physical Education/Activity)
- ☐ assistance with a school-based health assessment
- ☐ strategies for implementing the local Wellness Policy
- ☐ healthy and profitable non-food fundraisers
- ☐ healthy school non-food celebrations
- ☐ increasing engagement
- ☐ grant writing support
- ☐ local and state resources
- ☒ other (please specify):

Local Wellness Policy Recommendations

This space is for your school to make recommendations for suggested wellness policy revisions for the district wellness committee to consider.

USDA Support in considering RDA of calories based on individual student attributes.

Signatures:

District Wellness Assessment Leader: _____

DATE: 6/27/23

School Wellness Leader: _____

DATE: 6-28-23

Principal: _____

DATE: 6-28-23